



Basic Scenario at a Glance

<p>Issue</p> 	<p>Clare is a personal assistant of the HR Director of an organization with a total of 2, 000 employees. Clare is very hard working and competent but finds that she is unable to manage her workload that leads her to work up to 7pm almost every day. Her inability to properly organize herself has caused Clare a great amount of stress and unhappiness that reflects on her overall performance.</p>
<p>Misconception</p> 	<p>Clare believes that attending a number of skills development workshops and conferences will help her improve on her disorganization, but she finds that her situation is just not getting any better.</p> <p>She still does not have the right resources to change things and ends up running around in circles attending one conference after the other in her pursuit for change.</p>
<p>Fact</p> 	<p>We relate to productivity, efficiency, emotional intelligence, stress, leadership and management in different and unique ways depending on our personality types.</p> <p>No amount of training will effectively change an individual's attitude towards how they relate to their work responsibilities and human relations unless they understand themselves first.</p>
<p>Solution</p> 	<p>In her quest to better her situation Clare stumbled on a Berlington conference where she discovered what her personality type characteristics are and was taught how to systematically transform to improve on her work and human relations skills.</p> <p>Clare learnt that the main reasons why she was overworked were mainly because of the following personality type factors (among others):</p> <ul style="list-style-type: none">• Service-oriented, <i>wanting to please everyone</i>• Doesn't pay enough attention to her own needs <p>Berlington empowered her with personalized action strategies to manage and administer her "weaknesses," including the above mentioned, to transform her stress, time, project and stakeholder management skills.</p>